



# Tri-Village Buzz



April 2016 Issue 188

VISIT: [WWW.WASALAKE.COM / BUZZ](http://WWW.WASALAKE.COM/BUZZ)

## Swans, Geese, Ducks and More Ducks



by Nowell Berg

*Spring arrives at Wasa – 3 to 4 weeks early say the old-timers*

Large swaths of open water appeared in early March and most of the lake ice melted a week later. The water level at historic lows, sand bars carve up the lake into smaller ponds.

As soon as the open water appears about 75 white trumpeter swans landed followed by dozens of Canada geese. They feed on the snails in the muck which are easily reached in the shallow water. By mid-March spring brings sun, warmth and other water fowl migrate North, mallards and mud hens.

Open water also brings the fisher's, small boats ply the frigid waters looking to make the first big catch.

Song birds lilting warble drifts through pine trees. Robin's hop along the ground pecking at seeds fallen from pine cones scattered across the lawn. A murder of crows walk down Larch taking command of their domain.

Early Spring flowers reach above ground taking in the warm sunshine. Yellow butter cups and crocus soon to follow. Buds burst forth on elm trees and lilac hedges. Spring time in the mountains.

**Spring** by H. P. Nichols  
*I am coming, I am coming,  
 With my carpet soft and green;  
 I have spread it o'er the common,  
 And a prettier ne'er was seen.*



*Soon I'll spangle it with clover,  
 And the dandelions bright;  
 You shall pick them,  
 Yellow, red, and snowy white.*



## Lookey... ..Lookey



...and the winner of our very first Lookey Lookey contest is ...**Bonnie Meena!**

Bonnie wins a \$25.00 gift certificate to a Tri-Village Buzz advertiser of her choice. Congratulations!

Thank you to everyone that participated.

Watch for the next Lookey Lookey contest in Mays Tri-Village Buzz.

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## Clean Up with the Lions

Join us on

Saturday, April 23<sup>rd</sup>

at 9:00 a.m.

at the Wasa Lions Grounds

Select a portion of highway and fill your bag.

*Help keep our community clean!!*

## Fire Smart:

Individual homeowners and wider communities can take simple steps to reduce the impact of wildfire. The time to reduce the threat of wildfire is now, not when a fire is at your doorstep. Be proactive, be practical, and be FireSmart.

**Protect your home and property NOW.**



# FOLLOWING THE TRAILS OF

# Yesterday

By Judy McPhee

*Ninety-five years of living in our area. Margaret Hutchison shares her life with us, her knowledge garnered through life, bonded together with her life experiences. Enjoy.*

*Judy McPhee in collaboration with Arla Monteith*

## AS I REMEMBER

February 1, 1921 my parents were awaiting the arrival of me, their ninth child on a snowy day in Kootenay Orchards, Cranbrook. Dr. King came to our home in a sleigh to deliver me.

My mother, Matilda (Johnson) Erickson known as Tilda and my father, Olaf Erickson, were born in Bolna, Sweden. They immigrated to Winnipeg, Manitoba in 1903 leaving behind a child, Helga, who had died. I always remember Mama telling us she loved the voyage over, as her and "Pup" danced and generally had a gay time despite possessing only one wooden suitcase and very little money.

Father was a skilled carpenter. While in Winnipeg, he designed and built many things and he worked to build stately homes. He also worked on the streetcars and trams. Four children - Martha, Einar, Elsie and Helmer, were born there. Martha died at the age of two.

Land speculators came to Winnipeg with the bright idea of advertising to settlers to buy land in Cranbrook, advertising it as fruit growing land and aided by pictures of fruit trees at the St. Eugene Mission. The word "orchard" sealed many a deal!

It sounded good so my parents came to Cranbrook in 1913 and bought a farm in the Orchard area (later known as Kootenay Orchards) and being hardworking Scandinavians, they set to home steading. My father's health was not the best so Mama was the farmer. They had a horse, wagon and a cutter for the winter. My brother Helmer collected the eggs and would throw a couple of eggs at the feisty rooster. One day Mama caught him. Eggs were precious in those days and you didn't waste them. He was spanked all the way back to the house. My dad helped build the first school in the area.

Four more children were born in the log house in Kootenay Orchards - Albin (Beno), Bertil (Bert), Edwin (Eddie) and me, Margaret. I was the last

to be born there. When I was 18 months old, the family moved to Cranbrook to a house that used to be an old brewery on Lundsten Avenue (now 14th Avenue), across the alley from the present day Anglican Church. Three more children were born while living here - Nora, who died as an infant, Ellen, and Esther, the youngest and only one born in the Cranbrook hospital. So there we were, twelve children, nine of whom reached maturity ... five boys and four girls.

In the early thirties, conditions were hard for my parents and older siblings. My father farmed, did carpentry and hauled wood. He sent to Eatons for a knitting machine and knit socks for the lumberjacks who worked at the Lumberton Sawmills. With any leftover wool he made socks for us girls for skating and long-ribbed ones for the winter months. I used elastic bands to hold them up with bloomers over the top of them. With snow often up to my waist (I was always short), I never froze.

Before starting school - the old public school which was headquarters for Crestbrook and now the Ktunaxa - I could understand Pup and Mama speaking Swedish but after starting school, I completely forgot it. My parents did not press the matter as they felt they had to integrate and become good Canadian citizens. Mama in later years would garble both Swedish and English in order to visit with her Scandinavian friends and it was really quite hilarious. We used to tell her to speak one or the other. She was always good natured about it.

There was much music in the old house in those days too. My father came from a very musical family and he played the violin as well as the accordion and the mouth organ. When the lumberjacks came to pick up their socks they would bring their musical instruments (and booze) and the house would shake with music and dancing. My younger sister Ellen and I would stay up and watch while sitting on the old leather couch. My parents never drank

but there was always good coffee and Swedish baking for everyone.

In those days my parents must have sacrificed themselves at times for us but I do recall having enough to eat ... plain but wholesome. My elder sister Elsie worked for the grocery store and was friends with the boss so it seems we always had lots of apples. We had homemade bread, flatbread and yogurt that Mama made. I ate yogurt with a bit of syrup for breakfast for many of my growing up years.

Christmas Eve was a typical Swedish one with Lute fisk and small pancakes for everyone. Always had a good fruitcake with rum in it. A Christmas tree with no lights, of course, but somehow can't recall the decorations .. perhaps crepe paper and popcorn?

When I was a teenager, my mom started to work at the Byng Hotel. I would often help her and learned to mitre corners while making a bed and to meticulously clean a room. This helped me in my housekeeping and nursing jobs. I babysat and did housework till I started nurses training. I was a voracious reader all my life until my eyesight failed. I read every book in my dad's cupboard and all my brothers' Zane Grey books and books on ranching.

Sunday school and church were a part of our life then too. I sang in the church choir, and went to CGIT. I sang "Jesus Loves Me" as a first solo when I was 10. At 15, I won a church contest and went to Keat's Island Baptist Camp for 10 days. It was a long bus ride through the United States to Vancouver with a roll of blankets and a small suitcase. With never having traveled before it was quite an experience. On the way home I was stopped because they thought I was a runaway. I only had \$1.25 which was quite sufficient in 1936 to get something to eat. With a few phone calls to my parents and those with whom I had been staying, I was allowed to be on my way again.

*Continued in May's Edition...*

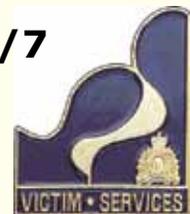
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**HELP STARTS HERE...**

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or \$60.00 / 5 issues

or \$120.00 / 10 issues

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Supply your own page..\$20.00

(1 Column width = 2.5")

For more information or to place an

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To receive a newsletter

by e-mail contact **Patti King**

**(trivillagebuzz@gmail.com)**

or go to: **www.wasalake.com/buzz**

Tri-Village Buzz Newsletter

Box 169 Wasa, BC V0B 2K0

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**TRI-VILLAGE BUZZ**

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**by email**

**Welcome Neighbors & Visitors**

**Groceries**

**Ice Cream**

**Fast Food**

**Cold Beer**

**Wine & Spirits**

**Lotto!**

**Wasa Lake Gas & Food**

**Open Daily 6:00 a.m. to 9:00 p.m.**

**Summer Hours Daily 6:00 a.m. to 11:00 p.m..**

*Steve and Young were tired of the big city life in Calgary and had vacationed in Wasa when they fell in love with the area, the community and the lifestyle. They started a new chapter of their lives when they purchased the "Wasa Lake Gas & Food" store.*

*The gas and diesel tanks are full, the Cold Beer, Wine & Spirits are fully stocked and Steve, Young and their team of Debby and Cyndi are geared up for a busy summer at the lake.*

*Steve and Young look forward to their new life and business here in Wasa and encourage everyone to stop in and say hello!*

- Groceries • Ice Cream • Fast Food • Cold Beer
- Wine & Spirits • Lotto • Gas & Diesel • Propane

**WASA LIONS EVENT**

**SATURDAY JUNE 18TH**

**WASA LIONS GROUNDS**

**Pancake Breakfast**

**9:00 a.m. - 11:30 a.m**



**Community Garage Sale**

**9:00 a.m. - 1:00 p.m.**



**Planter & 250 Draw**



# WASA LAKE LAND IMPROVEMENT DISTRICT (WLLID)

## Native Milfoil Update

By Laurie Kay

Firstly, we hope you read last month's March WLLID Tri Village Buzz news item to get the background on the native aquatic milfoil situation in Wasa Lake.

Since then a small committee met and discussed awareness / prevention and control.

### Prevention/Awareness:

A presentation on native aquatic milfoil identification, the positive and negative effects, factors effecting growth and spread, and some methods of control by residents in shallow private lake front properties will be made at the WLLID Annual General Meeting March 30th 7:00 p.m. at Wasa Community Hall. Information will also be available on the WLLID website.

### Control:

March- April is a waiting period for the best time to try some control measures. There is no doubt that manual hand pulling is the most effective method of control. So, the committee has requested our permit be extended to hand pull some of the milfoil growth in the small, shallow pond that is currently separated from the main lake at the south end. This is where the milfoil was first noticed. If effective, this method will be organized for voluntary work groups probably in late April early May when growth is visible. If hand pulling is ineffective manual cutting, raking and removing is the next option. We will have equipment on hand if we pursue this method.

We have arranged the services of a SCUBA diver to check the feasibility of hand pulling the milfoil in the deeper patches at an appropriate time. There is some concern if this method will work in our very muddy lake bottom, but we need to find out. If ineffective we will look at other options of control.

The WLLID has budgeted some funds for the project and we have also applied for some Columbia Basin Trust funding.

The WLLID can't do this without your help. We need to see a community group with WLLID input and support eventually taking over the project. It is very likely that this will be an annual activity.

### Below are some ways to help:

Leave a message at WLLID, Box 113, Wasa VOB 2K0 or email [www.wasalake.ca](http://www.wasalake.ca) or call and leave your name and number message at 250 422 3288

- Spreading native and invasive milfoil information;
- Getting in the water;
- Working from the shore;
- Working from a boat;
- Collecting milfoil fragments;
- Monitoring progress;
- Finding new growth;
- Transporting harvests;
- Providing suitable boating, markers, signage, etc.
- Updating progress;
- Celebrating success;
- Providing safety;
- Mapping locations;
- Sharing with B.C. Parks;
- Handing out pamphlets;
- Phoning

Where do you take...

## YOUR BUZZ ?



Pat Walkey travelled to California in February with her granddaughter Charlotte, her parents, Niki and Dallas, and Charlotte's other grandma, Nancy. They visited Disneyland where Charlotte met all the princesses and went on many rides and of course they met Mickey and Minnie. It was a magical holiday and Pat was happy to have shared it with Charlotte and her family.

## Wasa Memorial Garden

Wasa Memorial Garden has something for every soul who should be remembered or needs a final resting place.

There is a Columbarium with Niches large enough to hold two sets of cremains or the option to purchase a memorial plaque in honor of your loved ones.

Check out the space at the end of Schoolhouse Road in Wasa.

Call Bev Rauch at 250.422.3335 for information



## Wasa Community Hall Closed for Floor Maintenance.

The main area of the Wasa Community Hall will be closed from April 20 to 25; the foyer area and stairs will be inaccessible from noon April 22 and will be accessible again on the morning, April 26. Please schedule your activities according to these times. Thank you.

## WASA LIONS HOCKEY BOARDS FOR SALE



**BOARDS \$250. EACH**

Be noticed in your community! Advertise your Business Name, Family Name or Group Name. Support your local Lions Ice Rink. For info call Marilyn at 250-422-3210



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**ID# 166060**

6260 Wolf Creek Road,  
Wasa BC



**PROPERTY DETAILS**

**3 Beds    2 Baths**

Age: 30  
Levels: 2  
Space: 2,000 sq. ft. (186 m<sup>2</sup>)  
Flooring: Carpet, Hardwood, Linoleum  
Foundation: Poured concrete  
Heat Method: Baseboard  
Heat Energy: Electricity, Wood  
Zoning: RS1  
Lot Size: 2,090,880 sq.ft./48.00 ac (194,243 m<sup>2</sup>)  
Watersource: Natural Resource, Well

**\$1,600,000**

**SELLER NAME  
Doug Ross**

**SELLER PHONE  
250-422-9272**



**Property  
Guys.com**

**ID# 166061**

Buck Crescent,  
Wasa BC



**PROPERTY DETAILS**

**Beds N/A    Baths N/A**

Zoning: R1  
Watersource: Well

**\$165,000**

**SELLER NAME  
Doug Ross**

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# HISTORY BYTES

BY NAOMI MILLER



## RATTENBURY

Francis Rattenbury was born in England in 1867. He came to Vancouver in 1892 as a young architect. Many of the buildings he designed are still in use today while the story of his life provided many headlines in newspapers while he was alive. His first commission was Roedde House in West End Vancouver. That mansion serves today as a Museum. Then he moved to Oak Bay, Victoria where he joined a group urging for a large park adjacent to the first golf course. The town purchased Willow Park and Rattenbury donated the adjacent "Jimmy Chicken" Island to increase green space. At this time he was submitting plans to a competition for a new Legislative Building to replace the "Birdcages". No name was to be shown on each plan but Rattenbury signed phase 1 as "B.C. Resident" and Phase 2 with "For Our Queen and Province."

He won the competition and spent most of the next four years supervising the erection of the lovely Legislative/Parliament Buildings facing Victoria Harbor. The CPR wanted to create a very special vista for ships arriving. They purchased land and had Rattenbury design the EMPRESS Hotel. When he was not busy he drew plans for Stephen House at Field, a steamship dock and the Art Gallery in Vancouver, and an addition to Banff Springs Hotel. He also went into a business venture with Pat Burns of Calgary to pay to build steamers taking prospectors from Lake Bennett to Dawson City as a part of the Klondike Gold Rush. In 1898 Francis married Florence Nun and took her to hike the Chilcoot Trail, then ride one of his steamers on their honeymoon. They had a lovely home in Oak Bay but Florence rarely entertained clients or friends. His interest shifted in 1906 to the proposal to build the Grand Trunk Pacific Railway. He envisioned hotels along this line and bought properties with those in mind. That scheme died when Charles Melville Hayes went down with the TITANIC in 1912. Although he lost on his speculation there he was never short of work. He was retained by Bank of Montreal to design the Vancouver head office, plus the branch in Nelson, B.C. He was responsible for the Courthouse and

City Hall in Nelson in 1902.

Francis and Florence had a son Frank and a daughter Mary. Francis paid less and less attention to the family as many of his business ventures failed. The city of Victoria combined with the CPR to challenge Rattenbury to design a center with a swimming pool, dance floor, gardens, a banquet room and more. He called this the Crystal Gardens (named because of the success of Crystal Palace in London, England.) Following the signing of this contract Rattenbury was invited to have a drink in the lounge of the Empress. A pianist was playing for the guests. That attractive lady roused his interest. He asked to be introduced. Alma Clarke Pakenham, born 1895 in Kamloops, married to an officer in the army, widowed after a major battle, served as an ambulance driver at the front WWI, had a son Christopher with her second husband but was alone again earning with her musical talent. Alma soon became Rattenbury's mistress. The couple flirted in public places, openly kissing frequently. Alma seemed shameless drinking alcohol and smoking cigarettes.

Francis asked Florence for a divorce. She repeatedly refused. He took out some furniture and had the power turned off in the house. Somehow Florence survived. Rattenbury decreed that Florence should live on the top floor while he brought Alma to live with him on the second floor. Alma had a son John, born in that house. The once popular architect was scorned and boycotted socially and professionally. Some historians say that Florence divorced him in 1928, but we do know that Florence died in October 1929 at age 59.

In 1930 the sinful couple moved to England. Rattenbury chose the seaside town of Bournemouth. This was a quiet family orientated community. Alma looked for more excitement. The more she goaded Francis, the more he drank. She introduced him to drugs. She insisted that Francis hire a chauffeur/handyman. The new hire was 17 year old George Percy Stoner. The lad was invited into Alma's bedroom and quickly responded to her request for intimacy. Leaving Francis for a weekend she took

Stoner to London, showering him with gifts. The handyman knew when to be handy for the seductress thereafter. Alma claimed to be packing to take Francis to France for a few days in March 1935. Her maid came to report that Mr. Rattenbury was groaning in the front room. The maid phoned for a doctor and the police. Alma rushed to respond as Francis lay barely alive with his skull bashed in. The weapon was a wooden carpenter's mallet. Alma alternately claimed to have done it then denied it. Stoner then told the maid he had done it because his mistress had given him codeine. Both Alma and Stoner were arrested. A trial in the famous Old Bailey made headlines around the world. Both were found guilty. Stoner was sentenced to hang. Alma was taken into care in a nursing home. She wanted to save the lad from the gallows. A visitor, possibly her son Christopher, came to offer counsel. Next day Alma obtained a large knife, ran down to the river's edge, plunged the knife into her breast, then ran into the river and drowned. This suicide was interpreted as admission of her guilt. Stoner's death sentence was commuted to life imprisonment. That jail sentence was shortened when Stoner joined the army after WWII commenced. He survived the war and lived to a ripe old age. Francis Rattenbury was buried in an unmarked grave and was finally given a marker on the 100<sup>th</sup> anniversary of the completion of our BC Parliament Buildings. Son John grew up to be an architect working with Frank Lloyd Wright. His childhood home is now Glenlyon-Norfolk School. Rattenbury, an interesting name with an interesting story!



**TAKE OFF POUNDS SENSIBLY**

**T. O. P. S.**  
**TAKE OFF POUNDS SENSIBLY**

**Every Wednesday**  
**6:30 pm - 8:00 pm**

**Wasa Community Hall**

**For More Information Contact:**  
**Susan: 250.422.3510**  
**Irene: 250.422.3686**  
**1.800.932.8677 (Toll Free)**  
**www.tops.org**



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Pub & Grill

Cold Beer, Great Food, free wifi, ATM machine  
Summer Patio

Children under 19 welcome with a legal parent/guardian until 8pm

Off Sale of select beer & wine available till  
11 pm 7 days/week

Grill open till 10 pm 7 days/week  
Sunday - Thursday 11am-11pm  
Friday- Saturday 11am-1am



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2 Great Businesses



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STORE

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8am-10pm daily  
Starting May long weekend 8am-11pm

**250-422-3381**



Wasa Country  
Pub & Grill

**MENU**

**APPETIZERS & SIDE DISHES**

- \*Fries (Gravy add \$2.00) \$4.95
- \*Sweet Potato Fries (Chipolte or Taziki Dip) \$6.95
- \*Onion Rings \$7.95
- \*Zucchini Sticks (12-14) \$7.95
- \*Mozza Sticks (8) \$8.95
- \*Deep Fried Mushrooms (10) \$7.95
- \*Deep Fried Pickles (8) \$6.95
- \*Queso Sticks (Mozza filled) (8) \$7.95
- Combo Basket** (samples of above\*) \$11.95
- Poutine \$8.95
- Spring Rolls (9) \$7.95
- Nachos Small (**No Take Out Orders**) \$9.95  
(beef or chicken add \$4.00)
- Nachos Large (**No Take Out Orders**) \$16.95  
(beef or chicken add \$4.00)
- Wings** (Honey Garlic, Barbeque, Hot, Dry Garlic, Teriyaki or Salt & Pepper)
- 6 Wings - \$7.95 or 12 Wings - \$14.95**
- Dry Garlic Ribs (12) \$8.95

**BURGERS AND SANDWICHES**

Served with Fries or Salad - substitute:

- **Bacon add** \$1.50
- **Extra Patty add** \$2.95
- **Sweet Potato Fries add** \$2.00
- **Caesar Salad add** \$2.00
- **Poutine add** \$3.50
- Veggie Burger \$11.25
- Deluxe Burger \$12.25
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- Halibut Burger \$13.95
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- Chicken Club \$13.50
- Clubhouse \$12.95
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- Grilled Cheese \$6.95
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- Wrap (Turkey, Beef or Chicken) \$8.95



RELAX...  
you're on  
lake time!



*Wasa Country  
Pub & Grill*

**MENU**

**ENTREES**

**Fish & Chips**

(1-2 oz pieces)	Cod 2 piece	\$10.50
	Cod 4 piece	\$13.50
(3-4 oz pieces)	Pollock 1 piece	\$10.50
	Pollock 2 piece	\$13.50

**Breaded Veal Cutlets** includes garlic mashed potatoes and steamed vegetables

1 piece	\$13.50
2 piece	\$15.95

**Chicken Fingers and Fries with Plum Sauce**

2 piece	\$8.95
4 piece	\$10.50

**SALADS**

Caesar Salad	\$8.95
Garden Salad	\$6.95
Chicken Breast add	\$4.25
Dressings: Ranch, French, Thousand Island, Italian	

**BEVERAGES**

Tea or Coffee	\$2.00
Hot Chocolate	\$2.00
Pop or Bottled Water	\$2.00
Orange Juice	\$2.00

**Grill is Open from  
11:00 a.m. to 10:00 p.m.  
7 days a week**

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Off Sale of select beer & wine available till  
11 pm 7 days/week  
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Sunday - Thursday 11am-11pm  
Friday- Saturday 11am-1am



**1 Location  
2 Great Businesses**



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GENERAL  
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Locally made gifts available  
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Groceries  
Ice  
Homemade sandwiches  
8am-10pm daily  
Starting May long weekend 8am-11pm



## Do Not Oppose Reality or the Art of Intelligent Acceptance

It is easy to find oneself in a position of contradiction, which creates a tremendous amount of stress and frustration. In fact, our western education has over trained us to never be content with what is happening or what we have, and to emphasize what should be happening or what we should get. We have become experts at never being absolutely fulfilled with reality since there always remains what could be or what is no longer or not yet. We waste so much vital energy being opposed, tense, worried, dissatisfied or disappointed with reality, constantly trying to rearrange it in our own very egoistic manner. This is not good at all!

It is impossible to reach an inner state of everlasting happiness as long as we are unable to catch ourselves refusing or opposing reality.

Understand that being worried, anxious, scared, frustrated, tense, angry, revolted in front of any situation is not only stupid but absolutely abnormal, if you consider that the only thing that we are looking for in our entire life is to experience an unbreakable inner state of happiness. These negative reactions that bring you down are the very dark forces (karmic forces) that destroy your ability to love and be happy. The only moment you are totally and simply happy in your life is when you experience the state of absolute non-resistance to your present situation. With no resistance, no opposition and no contradiction, you instantaneously experience happiness without any effort.

Be extremely careful when you hear a “new age psychological approach” telling you that experiencing emotional discomfort is absolutely normal and that it is a part of human nature. This is like telling you that you are the slave of awful emotional eruptions that make you suffer, but that you shouldn't worry; that it's normal, since it happens to everyone. It's like nowadays more and more physicians prefer not to give you any antibiotics. You practically have to beg for them, until you reach the point of contracting pneumonia; then they feel assured that you are really sick and that you do in fact need antibiotics, and now urgently. Physicians won't give you antibiotics until you are almost unable to breathe; they prefer to give you morphine for weeks to prevent you from dangerously coughing. In the past, a simple flu, a big cold or bronchitis would not have easily turned into pneumonia; it would have lasted seven to ten days, thanks to the right medication given immediately. But now, you have to endure it for four, five, even six weeks before you are adequately treated. No matter how sick you are, remain faithful to almighty Advil and Tylenol.

Those who are in charge of our health, be it physical or mental, tend to “normalize” everything. So here we go: being sick is normal, so let the disease follow its own course; having disturbing emotions is absolutely normal too; being depressed, unhappy or the victim of intense dramatic emotions is also normal. It can happen and it will all pass, so be as you are expected: a good “Patient”. They will tell you to accept the symptoms but not to eliminate their cause. And do not to fight your egoistic human nature either! Just remain like everyone else: sick, scared, emotionally unstable and unhappy, because this is normal too!

On the Path of Yoga, it is absolutely the opposite. The more you suffer, the more you need to discover the root of your suffering by becoming aware of it in order to get rid of it.

### We call this the Art of Intelligent Acceptance.

If you understand that being physically sick is not normal, then you

can accept that being stressed and tense, worried and nervous, frustrated and angry is totally abnormal too.

In order to definitively get rid of inner conflicts regarding your interaction with reality as it is, begin by depersonalizing the situation or, in other words: stop making everything personal and stop denying the situation the right to be as it is.

Instead, enjoy being willingly one and peaceful with what is happening. In Yoga, we call this the attitude of the “peaceful warrior”. Before improving any situation, you need to first take time to appreciate it as it is without wanting it to be different. By developing attention, you must become aware when a specific emotion intervenes to deprive you of your happiness, quietness and peace since this is the normal state of being. Great Masters, Saints, Yogis and Gurus are constantly harmonious and at peace with reality as it is, because they have integrated the knowledge that being one with whatever happens and being happy must be protected above all, since this is the very nature of our own heart.

Do not let your aspiration for happiness be clouded by unconscious ancient emotional habits. Remain vigilant and defend your peace, balance and happiness in all situations. Being worried, anxious, angry or frustrated will never help you. Be clever! Breathe deeply Breathe deeply and assert your determination to protect your use of Intelligent Acceptance. Worrying or being frustrated should never even be an option for you. Stop collaborating with your emotions, stop being their puppet, and they will die. You will then quickly reach the state of natural and constant Happiness!

If you work on this seriously, you will never forget it, as I have not since my Spiritual Master taught me this at a very young age.

***“Do not be the victim of the symptoms anymore; recognize and accept the abnormal disease in order to destroy it. Health and Happiness are the only normality that should be fought for at every minute!”***

Yours in the Supreme Lord, with Blessing and Love to all of you!  
OM OM OM

Venerable Gurudev Hamsah Nandatha  
Adi Vajra Shambhasalem Ashram, Wasa, BC Canada

Venerable Gurudev Hamsah Nandatha published a book entitled, In the Presence of Truth. Discovering the Being Within, which is a roadmap to Self-Realization. To learn more about this wonderful book and its author, visit: [www.inthepresenceoftruth.com](http://www.inthepresenceoftruth.com).

Venerable Gurudev Hamsah Nandatha greets all seekers and aspirants on the Path of Light every Friday at 7 p.m. as he offers an enlightening and practical Teaching for everyone to use in their daily lives. All are welcome. Please arrive early as the Teaching begins promptly at 7 p.m. If you are coming for the first time or for more information call 250-422-9327.

## Wasa Lions Medical Equipment Loan Cupboard

Have you had a recent Injury? or Have plans for Surgery? The Lions may be able to assist with a 3-month loan of Medical Equipment.

For loan information or equipment donations to the Cupboard Contact: Sharon 250-422-3227 or Val 250-422-3499

# Hints From Vi

By Vi Cockell



Hello Readers, We sure are having a fine typical March, our weather is up and down and the sun is nice and warm. Evidence of spring is everywhere!

1. To freeze cheese (preferably hard cheese like cheddar), cut a large block into smaller pieces, wrap with heavy wax paper and place in a zip lock bag. Remove as much air from the bag as possible and freeze for up to 6 months. Thaw in the fridge.
2. When planting seedlings, place a sheet of aluminum foil underneath the container. Seedlings love the warmth and this method is sure to promote faster growth.
3. To add a sweet flavor to out of season supermarket tomatoes, simply drizzle tomato slices with a little Rice Vinegar. You'll be amazed at the difference it makes.
4. Don't have a steamer for your vegetables? Use a heat proof colander. Add 2 to 3 inches of water in the bottom of a pot, place the colander in the pot with vegetables and cook.

Until next time and have a great month!

**Children may close their ears to advice, but they keep their eyes open to example!!**

## Eligibility for The Wasa Lions Club Mike Hrabachuck Memorial Scholarship

A university, technical college, trade or business school scholarship is available to a grade 12 student who is a resident of Wasa, Ta Ta Creek, Skookumchuck rural area, graduating from Selkirk Secondary, Kimberley, Mt. Baker, Cranbrook, a private school or is home schooled.

Applicants must provide evidence of acceptance in a course of full time studies to receive funding. The scholarship can be deferred for 2 years. \$750 first year and \$750 second year if eligible to continue.

Applicants must provide certified marks from eligible graduating courses from the school to the Wasa Lions Scholarship Committee at Box 10 Wasa, B.C. V0B 2K0 by Friday, May 6th. An interview may be required. Contact information will be required for any references provided.

More information from Laurie Kay (Lions Scholarship Committee) 250 422 3288

MEAT	REAR	ANITA	2	6	1	8	9	4	3	7	5	6	7	9	8	5	1	4	3	2
IMNO	ELIA	MEDOC	3	4	5	2	7	1	6	8	9	8	2	4	7	3	6	1	9	5
FITTO	SURF	OVERT	9	7	8	6	5	3	1	4	2	1	5	3	4	2	9	6	7	8
FREER	IDE	GREATS	1	5	6	3	4	2	7	9	8	2	3	1	9	6	8	5	4	7
MEDE	SOAR		8	3	7	5	6	9	2	1	4	5	4	6	3	7	2	8	1	9
MAR	MEDICAL	LEAF	4	9	2	1	8	7	5	3	6	7	9	8	5	1	4	2	6	3
ARAB	OAT	ALFA	5	8	9	7	1	6	4	2	3	3	6	2	1	9	5	7	8	4
NONU	DOWNS	NITS	7	2	4	9	3	5	8	6	1	9	8	5	6	4	7	3	2	1
UNIT	IDA	DART	6	1	3	4	2	8	9	5	7	4	1	7	2	8	3	9	5	6
PINCHED	NERF	SAS																		
HOTS	MEIN																			
MILERS	OPALESCE																			
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DONEE	OGRE	ETAT																		
SLEDS	DYED	REOS																		

**ANSWERS**

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Sending hugs & happy thoughts to Mario & Theresa!

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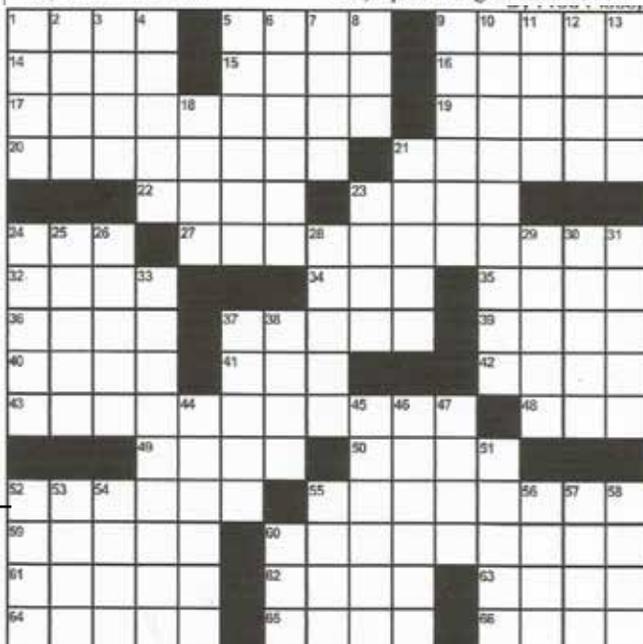
**DOWN**

- 1) Offend a bit
- 2) Kuwaiti bigwig
- 3) One chip, perhaps
- 4) Tribal carving
- 5) Dwell
- 6) Slipped past
- 7) River of Leeds
- 8) UK fliers
- 9) Indifferent to ethics
- 10) Peter Pan's home
- 11) Creative spark
- 12) Grounds for a suit
- 13) Takes measures
- 18) City near Provo
- 21) Petting zoo animals
- 23) Read the UPC of
- 24) Show some backbone, slangily
- 25) Quaker's Rice-\_\_\_
- 26) Took to the clink
- 28) Dubuque native
- 29) Disney's middle name
- 30) TV workers' union
- 31) Goes hungry
- 33) Totally ruined
- 37) Loses on purpose?
- 38) Bookie's concern
- 44) Carousel units
- 45) Roman or Ottoman
- 46) Chewed out
- 47) Nail salon need
- 51) Not as stale
- 52) Stylish Brits of the '60s
- 53) One on a pedestal
- 54) Like a hermit
- 55) Wild party
- 56) Fill to the gills
- 57) "See ya"
- 58) Direct deposits, e.g. (Abbr.)
- 60) Off-fried fish

**ACROSS**

- 1) Nut center
- 5) Bring up
- 9) Ekberg of "La Dolce Vita"
- 14) "\_\_\_ Angel" (Mae West movie)
- 15) Director Kazan
- 16) French red wine
- 17) In shape for Waikiki?
- 19) For all to see
- 20) Full scholarship, informally
- 21) Hall of Famers
- 22) Ancient Iranian
- 23) Take wing
- 24) Spray graffiti on, say
- 27) Curative vegetation?
- 32) Part of UAR
- 34) Feedbag morsel
- 35) "A," in NATO code
- 36) Lower-class, to Brits
- 37) Gridiron series
- 39) Minor complaints
- 40) Knot or watt
- 41) First lady McKinley
- 42) Pub missile
- 43) Stolen indoor ball?
- 48) Carrier to Bergen
- 49) Red-\_\_\_ (wincers)
- 50) Lo or chow follower
- 52) Some Millrose Games runners
- 55) Shimmer iridescently
- 59) Warnings of gas leaks
- 60) Lawbreaking abandoned child?
- 61) Charity recipient
- 62) Cruel dude
- 63) Coup d'\_\_\_
- 64) Toys with runners
- 65) Applied henna to
- 66) Speed Wagons of autodom

**Crossword**



**Sudoku**



**Can you find at least 8 differences?**

**Find a Word**

Find and circle all of the comedy movies that are hidden in the grid. The remaining letters spell an additional comedy movie.

- ALL OF ME
- ANNIE HALL
- BABE
- BEING THERE
- BIG
- BOB ROBERTS
- BULL DURHAM
- CARS
- CAT BALLOU
- CITY SLICKERS
- CLERKS
- CLUELESS
- DUCK SOUP
- ELECTION
- FLETCH
- GHOSTBUSTERS
- HAPPY GILMORE
- HARVEY
- HOLIDAY
- HOTSHOTS
- LEGALLY BLONDE
- LIAR LIAR
- LOCAL HERO
- MALLRATS
- MANHATTAN
- MEATBALLS
- MOONSTRUCK

S C F R B O B R O B E R T S L O K L  
 T N L E S R E K C I L S Y T I C R L  
 A O E P O B L R U A E C H B U D E A  
 R I T O T H E Y O M T O L B A T P H  
 L T C M W R G I F M L B E E I B E E  
 L C H A I B A O N I L L A U R G E I  
 A E K N L U L D D G C I S L H K L N  
 M L C T I L L A I N T A G O L H S N  
 A E U D A L Y C U N Z H S Y L O S A  
 C R R U R D B H S A G T E O P L U S  
 L O T C L U L H L L B P C R A P L A  
 U M S K I R O P O U L A L P E A A K  
 E H N S A H N N S T L A S A C C E H  
 L S O O R A D T E H S H B K C R O A  
 E U O U F M E M E C O H E T H E E R  
 S R M P A R T R B T A R O S A A S V  
 S L E I S T O O T H E R U T L E S E  
 N A T T A H N A M S E Y S L S S M Y



## News From the Pews

By Pastor Paul Brandon

Next weekend is Easter Weekend, which will be past by the time you read this. However, I think it's important enough to talk about at this time of year.

The Easter Bunnies and the Easter Eggs are filling the fronts of many stores and other chocolate animals are selling like hotcakes. I first noticed this phenomenon of the Easter Bunnies and the Easter Eggs about 60 years ago when I was a young boy. Prior to that, religious observances of Easter were held to be paramount in churches and in newspapers and other publications. As we now look back all those many years ago, we see that by and large business, even Christian business, do not even mention the real meaning of Easter. They are too busy selling chocolates and bunnies.

For hundreds of years Christians around the world have celebrated the Death, Burial and Resurrection of the Lord Jesus Christ. A holy man that claimed to be the Son of God. To the religious leaders of the day that was blasphemy. So they put him on trial and had him crucified. Three days later He rose from the dead and appeared to His disciples and about 500 people. The religious leaders thought they were doing God a favor by putting Him to death and I guess in a way they were right because when He died, He died for the sins of all mankind. "Behold the Lamb of God who takes away the sins of the world."

John 3:16 tells us, "For God so loved the world, that He gave His only unique Son that whosoever believes in Him should not perish but have eternal life."

Do you believe?

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## WASA MEMORIAL GARDEN

Submitted By Sandy Kay

It's only March and already the lake is open, birds are twittering, the swans are resting in our area before they head North for the summer. Hard to believe spring is in the air, WOW!



The wooden benches at the Memorial Garden have now been uncovered in anticipation of the first seasonal visitors. Please come, the garden space welcomes you. On March 29th at 1:30 you will see some of our eager volunteers sprucing up the place at the first general clean up of 2016. The flower baskets, planted with annuals won't be done

until we are certain 'Jack Frost' is definitely finished his visits for this season but all the other little chores should be finished.

In February we applied to the CBT Community Initiatives Program for some grant money to help off set some of our annual costs incurred in spring. The committee accepted our proposal so we wish to thank Marilyn Bowen and her hard working group for the \$300.00 cheque.

During that same time we also applied to Community Initiatives and Affected Areas Program administered by RDEK for more much needed money to help us complete the 'Friend's of the Garden Project'. That grant request includes changes to the garden shed, fence, gate as well as the water system. In the application we also asked for money to purchase winter covers

to help protect and prolong the life of our beautiful wooden benches and the waterwheel. This grant application must be defended April 6th at the Wasa Community Hall during a public meeting to receive any consideration at all. Fingers crossed everyone.

I am looking for summer helpers at the garden. The job isn't huge and each person would be responsible for only one week from July to September. Please call me to reserve your special week. I can be reached at 250 422 3288. Thank you, we can't do this alone.

Enjoy our lovely area, keep happy, healthy and in touch with your Wasa neighbourhood.

Above all enjoy some early Gardening! Chat again soon.

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Listen to Dennis Walker each morning on Summit FM, he is a strong supporter of Wasa and the Tri-Village Buzz and will be promoting us on his internet radio station "SO Country".

### Area Planning Committee and Electoral Area Advisory Committee (EAAC)

The following Area E members were appointed for another year: Susanne Ashmore, Bob Eccleston, Barry Garland, Len Hunt, Douglas Barraclough, Bev Rauch, Gordon Olsen, Judy McPhee, Virginia West, Wilma Harding, Marie Kohlman and Jim Westwood.

The members of these committee's advise me on Planning Applications and Discretionary - Grant - In - Aid applications. I would like to thank all of them for volunteering on these committees.

### Wasa OCP Environmentally Sensitive Area Development Permit

A Committee has been formed that will be reviewing the mapping and the bylaw of the Environmentally Sensitive Development Permit Areas identified in the Wasa OCP. The members are: Andrew McLeod, (RDEK Planning Manager), Cori Barraclough, Karen Barraclough (Skookumchuck), Linda Lee (Wolf Creek Road), Bob Jamieson (TaTa Creek) and Neil MacKimmie (Premier Lake).

### Natural Resource Violations

I have been advised of concerns from area residents involving the use of crown land. If you witness dangerous or illegal activity and wish to file a complaint or report you can call 1-844-NRO-TIPS (1-800-676-8477) or go to their web page at: [www.for.gov.bc.ca/hrn/nrv/report.htm](http://www.for.gov.bc.ca/hrn/nrv/report.htm)

### Spaghetti Dinner

The Spaghetti Dinner on March 19th was a great community event and I'd like to thank Wilma Harding for organizing the dinner. Together with The Kimberley Refugee Resettlement Group and The Wasa and Area Lions Club they put on a fantastic dinner and evening. I had the opportunity to meet the new Wasa Lake Food and Gas store owners, Steve and Young. I hope everyone can take a moment to meet them and welcome them to our community.

I hope everyone has a safe and healthy month.

Jane Walter, RDEK Area E Director

Phone 250-427-2577 / Email: [s.janewalter@gmail.com](mailto:s.janewalter@gmail.com)

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## Wasa Community Church

Contact Pastor Paul  
about upcoming  
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Sunday  
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10:30 am

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Donate your pop cans and liquor bottles to the Wasa and District Lions Club to help with their scholarship fund.

Please call Val at 250-422-3499 to make arrangements for drop-off at the Lions Grounds.

# April 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>We the volunteers of the Tri-Village Buzz Newsletter reserve the right to refuse to print submissions due to legality, length, good taste or discriminating beliefs.</i></p>					<b>1</b>  Teaching at the Ashram 7 p.m.	<b>2</b>
<b>3</b> Church @ 10:30 a.m.	<b>4</b> Rocky Mountain Riders AGM	<b>5</b> Wasa Lions 7 p.m.	<b>6</b>	<b>7</b>	<b>8</b> Teaching at the Ashram 7 p.m.	<b>9</b> 
<b>10</b> Church @ 10:30 a.m.	<b>11</b>	<b>12</b> BINGO 6:30 Early Bird 6:45 Regular	<b>13</b>	<b>14</b>	<b>15</b> Teaching at the Ashram 7 pm	<b>16</b>
<b>17</b> Church @ 10:30 a.m.	<b>18</b>	<b>19</b> Wasa Lions 7 p.m.	<b>20</b>	<b>21</b>	<b>22</b> Teaching at the Ashram 7 pm	<b>23</b> Clean Up with the Lions 
<b>24</b> Church @ 10:30 a.m.	<b>25</b>	<b>26</b>	<b>27</b>  Rec Soc Mtg 7pm	<b>28</b>	<b>29</b> Teaching at the Ashram 7 pm	<b>30</b>
Wasa Hall closed for maintenance			Wasa Hall closed for maintenance			

## LEGEND

- Church Service 3 p.m.
- Gym (M,W,F 8-9 a.m.) & Wed 6:30 p.m. -8:00 p.m.
- BINGO 6:30 p.m.
- Rec Society 7:00 p.m.
- Lions 7:00 p.m.
- Library Tues. 11 a.m. - 1 p.m.
- TOPS Wed 6:30 p.m.
- Quilters Tues. 10 a.m. - 4 p.m.

### Special Events and Days Down the Road

- Wasa Country Quilters Guild - Quilt Show- Fri. & Sat., May 6th & 7th
- Lions Annual Dog Walk May (TBA)
- Gerick Sports Wasa Triathlon Sat. & Sun., June 11th & 12th
- Lions Event - Pancake Breakfast, Garage Sale, Planter Draw, 250 Draw Sat., June 18th
- Lions Anniversary Celebration August (TBA)
- Lions Fall Fair (TBA)

## NUMBERS AT A GLANCE

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Doug Ross Property Sale.....	250.422.9272
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The Girls.....	250.581.0780
TOPS.....	250.422.3510/422.3686
Wasa Country Pub & Grill.....	250.422.3381
Wasa Community Church.....	250.422.3344
Wasa Lake Gas & Food.....	250.422.9271
Wasa Hall.....	250.422.3514/422.3640
Wasa Hardware & Building Ctr...	250.422.3123
Wasa Lions Med Equip.....	422.3227/422.3499
Wasa Lions Trail Donations.....	250.422.3773
Wasa Memorial Garden (Bev Rauch).	422.3335
Wasa Post Office.....	250.422.3122